

Sustainable (Green Eco) Dentistry UPDATE

Our team puts emphasis on sustainable and evidence-based methods in the provision of dental care. **We are guided by principles summarized by the 2022 World Dental Federation and the first Consensus on Sustainable Dentistry:**

“The single most effective route to sustainable dental care is through the provision of high-quality care with an emphasis on prevention”

“Successful preventive care results in fewer interventions and a reduced environmental impact.”

“This approach focuses on a reduction for the need of restorative consumables and intervention efforts care appointments at the patient end-user level”

“A reduced demand can be achieved through a promotion of better health, focused on disease prevention coupled with the provision of high-quality, less intense/severe interventions that last longer and do not require revising”.

“The whole supply chain benefits from a reduction in treatments with direct benefits as less waste and fewer CO2 emissions”

“Dental offices consume electricity, much of which is currently generated by technologies that emit CO2 into the atmosphere. Green energy and energy conservation are strategies that make a big difference in creating greener dental practices”

“Packaging is the single largest contributor to plastics in the dental industry.”

So we as a team, advocate for 1) careful use of consumables 2) avoiding waste 3) conservative and preventive care, and 4) purposeful education of clients to accept the highest quality of restorative care that will be long-lasting and of the highest-value for the individual and the environment.

The full FDI consensus statement is available at fdiworlddental.org/sustainability-consensus-statement